



## Curriculum Vitae

Prof.dr. Skender Topi

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### Informacion personal:

1. Profesor i Mjekësisë, 09.03.2011, i vlerësuar nga Komisioni i Vlerësimit të Titujve Akademikë, Ministria e Arsimit dhe Shkencës, Republika e Shqipërisë.
2. PhD në Bioteknologji dhe Terapinë e integruar në Onkologji, 16.03.2005, Universiteti i Barit
3. Specializim në Kirurgji, Endoskopist, Specialist për aparatën e tretjes, Endoskopi-Laparoskopi-mini invazive, 11.10.2001, Universiteti i Barit.
4. Diplomuar në Mjekësi dhe Kirurgji, 10.10.1996, Universiteti i Barit.

### Aktivitetë didaktike:

1. Mësimdhënia e “Anatomisë Njerëzore”, Fakulteti i Shkencave Mjekësore Teknike , Universiteti i Elbasanit “Aleksandër Xhuvani”,
2. Mësimdhënia e “Kirurgji e përgjithshme”, Fakulteti i Shkencave Mjekësore Teknike , Universiteti i Elbasanit “Aleksandër Xhuvani”,
3. Mësimdhënia e “Kirurgji speciale”, Fakulteti i Shkencave Mjekësore Teknike , Universiteti i Elbasanit “Aleksandër Xhuvani”,
4. Mësimdhënia e “Shëndeti paliativ”, Fakulteti i Shkencave Mjekësore Teknike , Universiteti i Elbasanit “Aleksandër Xhuvani”,
5. Mësimdhënia e “Kirurgji e përgjithshme”, Fakulteti i Mjekësisë, Universiteti i Tiranës.

### Aktivitetë administrative / menaxhuese:

1. Rektor i Universitetit “Aleksandër Xhuvani”, i Dekretuar nga Presidenti i Republikës, me nr dekreti nr. 9616, date 26.05.2016
2. Rektor i Universitetit “Aleksandër Xhuvani”, i Dekretuar nga Presidenti i Republikës, me nr dekreti nr.11663, datë 24.08.2020
3. Shef i shërbimit të kirurgjisë pranë qendrës spitalore “Xhaferr Kongoli”, Elbasan
4. Kryetar i Senatit Akademik të Universitetit të Elbasanit "Aleksandër Xhuvani", që nga maji i vitit 2016.
5. Kryetar i Këshillit të Profesorëve, Universiteti i Elbasanit "Aleksandër Xhuvani", i zgjedhur më 03.11.2014
6. Anëtar i Këshillit të Profesorëve, Universiteti i Elbasanit "Aleksandër Xhuvani", që nga 31.01.2013.
7. Ish-dekan i Fakultetit të Shkencave Teknike Mjekësore, Universiteti i Elbasanit "Aleksandër Xhuvani", nga 2012 deri në Prill 2016.

### **Anëtarësi:**

1. Anëtar i Urdhërit të Mjekëve Kirurgë dhe Dentistëve të Provincës së Barit, që nga 25.11.1998
2. Anëtar i Urdhërit të Mjekëve të Shqipërisë, që nga 21.02.200

### **Bordi Editorial:**

#### **- Kryetar**

- Buletini Shkencor i Universitetit të Elbasanit "Aleksandër Xhuvani", ISSN 2221-5956.
- International Journal of Medicine & Healthcare (IJMH) ISSN (online) 2545-4188.

#### **- Anëtar**

- Journal of Science and Higher Education Research, (JSHER), ISSN: 2413-774X

### **Visiting professor:**

- Università Degli Studi di Bari, Aldo Moro- “Diagnosi precoce, prevenzione ed aspetti giuridici delle infezioni in ambito chirurgico”
- L'Università dell'Aquila, Dipartimento MESVA
- Università di Palermo.

### **Projekte:**

- Koordinator i Laboratorit të Anatomisë Dixhitale në Fakultetin e Shkencave Mjekësore Teknike, Universiteti i Elbasanit “Aleksandër Xhuvani”, themeluar nga Qeveria Shqiptare,
- Anëtar i Komitetit Shkencor të projektit T@SK: Towards Increased Awareness, Responsibility and Shared Quality in Social Work, Bashkëthemeluar nga Programi Erasmus+ i Bashkimit Evropian, <https://www.taskproject.eu/>

### **Kërkuesi kryesor i projekteve (Grey100 Research Incentive Grants):**

- Probiotics and prevention of the onset of dysmetabolic diseases (ID NPIA67070)
- Gender medicine: the impact of probiotics on male patients. (ID NPIA67074)

### **Publikime:**

#### **- Monografi:**

- o Expression of Tissue Factor and of Vascular Endothelial Growth Factor in Colon-Rectal Carcinoma”.**Skender Topi**. Cacucci Editor, Circeos, 2005, Bari, Italy
- o The role of the Laparoscopic Surgery in the Pathologies of the Colon. **Skender Topi**. ISBN. 88-8422-605-8. Cacucci Editore, Circeos. 2007, Bari, Italy
- o Lithiasis Intrahepatica. **Skender Topi**. ISBN. 888422-604-X Cacucci Editore, Circeos2007, Bari, Italy

- ***Tekste universitare:***

- Skender Topi, Kirurgjia e përgjithshme, Shpresa Print, ISBN: 978-9928-4233-1-7
- Skender Topi, Ilia Mazniku. Albana Çela, Kirurgjia Speciale, Shpresa Print, ISBN: 978-9928-4239-0-0
- Skender Topi, Infermieristika Kirurgjikale e Përgjithshme , Shpresa Print, ISBN 978-9928-4238-6-3
- Skender Topi, Brunila Elezi, Bazat e Anatomofiziologjisë Humane, Shpresa Print, ISBN: 978-9928-4239-2-4
- Skender Topi, Rudina Prifti, Infermieristika Speciale, Shpresa Print, ISBN: 978-9928-4238-0-1;
- Skender Topi, Terminologjia Mjekësore, Shpresa Print, ISBN: 978-9928-4238-1-8
- Skender Topi, Shëndeti Paliativ, Shpresa Print, ISBN: 978-9928-4238-9-4
- Nën drejtimin e Skender Topi, Protokollat Infermierore 1, Protokollat infermierore, Teknikat dhe procedurat bazë 2, Protokollat infermierore, Teknikat dhe procedurat bazë 3. Shpresa Print, ISBN: 978-9928-4238-2-5 (kolona)

- ***Artikuj në revista shkencore:***

- **Healthy diets and lifestyle in the world: Mediterranean and blue zone people live longer. Special focus on gut microbiota and some food components** Santacroce L, Bottalico L, Charitos I.A, Haxhirexha K, Topi S, Jirillo E, EMIDDT, 2.04.2024
- **Involvement of Cyclooxygenase-2 in establishing an immunosuppressive microenvironment in Tumorspheres derived from TMZ-resistant Glioblastoma cell line and primary cultures** Lombardi F, Augello R.F, Artone S, Ciafarone A, Topi S, Cifone M.G, Cinque B, Palumbo P, MDPI, Cells 2024
- **Current Views about the Inflammatory damage triggered by bacterial superantigens and experimental attempts to neutralize superantigen-Mediated toxic effects with natural and biological products** Santacroce L, Topi S, Charitos I.A, Laverro R, Luperto P, Palmirota R, Jirillo E, Pathophysiology. 2024
- **Current Views about the link between SARS-CoV-2 and the Liver: Friends or Foe?** Lovero R, Charitos I.A, Topi S, Castellaneta F, Cazzolla A.P, Colella M, Endocr Metab Immune Disord Drug Targets. 2023 Oct 16.
- **Crosstalk between the Resident Microbiota and the Immune Cells Regulates Female Genital Tract Health** Santacroce L, Palmirota R, Bottalico Lucrezia, Charitos I.A, Colella Marica, Topi S, Jirillo E, Life 2023, 13(7), 1531;
- **An Overview of the Microbiota of the Human Urinary Tract in Health and Disease: Current Issues and Perspectives** Colella M, Topi S, Palmirota R, D'agostino D, Charitos I.A, Lovero R, Santacroce L, Life 2023, 13(7), 1486;
- **About Functional Foods: The Probiotics and Prebiotics State of Art** Ballini A, Charitos I.A, Cantore S, Topi S, Bottalico L, Santacroce L, Antibiotics (Basel). 2023 Mar 23;12(4):635.
- **Health-related quality-of-life measures used in hemodialysis patients in Albania** Elezi B, Rumano M, Abazaj E, Topi S, The Egyptian Journal of Internal Medicine volume 35, Article number: 3 (2023)

- **The Crosstalk between Gut Microbiota and Nervous System: A Bidirectional Interaction between Microorganisms and Metabolome**  
Montagnani M, Bottalico L, Potenza M.A, Charitos I.A, Topi S, Colella M, Santacroce L, International Journal of Molecular Sciences 2023, 24(12), 10322;
- **From myth to philosophy, the cradle of evolving medical thought and ethics in the classical antiquity**  
Charitos I.A, Topi S, Santacroce L, Bottalico L, Ethics Medicine and Public Health 22(1):100764
- **Antibiotic Resistance to Mycobacterium tuberculosis and Potential Use of Natural and Biological Products as Alternative Anti-Mycobacterial Agents**  
Arrigoni R, Ballini A, Topi S, Bottalico L, Jirillo E, Santacroce L, Antibiotics (Basel). 2022 Oct 18;11(10):1431
- **Profile of Obesity and Comorbidities and their Correlation among Hemodialysis Patients, Elbasan**  
Elezi B, Topi S, Abazaj E, Open Access Macedonian Journal of Medical Sciences 10(E)(eISSN: 1857-9655):225-232
- **Biomolecular Mechanisms of Autoimmune Diseases and Their Relationship with the Resident Microbiota: Friend or Foe?**  
Topi S, Bottalico L, Charitos I.A, Colella M, Di Domenico M, Palmirota R, Santacroce L, Pathophysiology 2022 Sep 1;29(3):507-536.
- **The Toxic Effects of Endocrine Disrupting Chemicals (EDCs) on Gut Microbiota: Bisphenol A (BPA) A Review**  
Charitos I.A, Topi S, Candela R.G, De Nitto E, Polimeno L, Montagnani M, Santacroce L, Endocrine, Metabolic & Immune Disorders - Drug Targets 2022 Aug 15;22(7):716-727.
- **The Connection Between Physical Exercise and Gut Microbiota: Implications for Competitive Sports Athletes**  
Wegierska A.E, Charitos I.A, Topi S, Potenza M.A, Montagnani M, Santacroce L, Sports Medicine 2022 Oct;52(10):2355-2369.
- **Possible role of nuclear factor erythroid 2–related factor 2 in the progression of human colon precancerous lesions**  
Polimeno L, Viggiani M.T, Giorgio F, Polimeno L, Fratantonio D, Domenico M.D, Boccellino M, Ballini A, Topi S, Di Leo A, Santacroce L, Barone M, Dig Liver Disease 2022 Dec;54(12):1716-1720.
- **The Gaseous Ozone Therapy as a Promising Antiseptic Adjuvant of Periodontal Treatment: A Randomized Controlled Clinical Trial**  
Rapone B, Ferrara E, Santacroce L, Topi L, Gnoni A, Dipalma G, Mancini A, Domenico M.D, Tartaglia G.M, Scarano A, Inchingolo F, International Journal of Environmental Research and Public Health 2022 Jan 16;19(2):985.
- **The integumentary system and its microbiota between health and disease**  
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- **Medicine and healing in the Pre-Socratic Thought-a brief analysis of magic and rationalism in ancient herbal therapy**  
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and Immune Disorders - Drug Targets 2021;21(2):282-287.

- **Gender medicine: The impact of probiotics on male patients**  
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- **Potential beneficial role of probiotics on the outcome of COVID-19 patients: An evolving perspective**  
Santacroce L, Inchingolo F, Topi S, Del Prete R, Di Cosola M, Charitos I.A, Montagnani M, Diabetes and Metabolic Syndrome: Clinical Research and Reviews 2021 January-February; 15(1): 295–301.
- **Efficacy of bio-activated anti-calculus toothpaste on oral health: a single-blind, parallel-group clinical study**  
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- **A Comparison of Manual Nylon Bristle Toothbrushes versus Thermoplastic Elastomer Toothbrushes in Terms of Cleaning Efficacy and the Biological Potential Role on Gingival Health**  
Ballini A, Cosola M.D, Saini R, Benincasa C, Aiello E, Marrelli B, Saini S.R, Ceruso F.M, Nocini R, Topi S, Bottalico L, Pettini F, Cantore S, Applied Sciences 11(16):7180
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- **Focus on HPV Infection and the Molecular Mechanisms of Oral Carcinogenesis**  
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- **40 Years of Helicobacter pylori: A Revolution in Biomedical Thought**  
Charitos I.A, D'Agostino D, Topi S, Bottalico L, Canadian Journal of Gastroenterology 2022; 2022: 4013020.
- **Anisakis allergy: Is Aquacultured fish a safe and alternative food to wild-capture fisheries for Anisakis simplex-sensitized patients?**  
Polimeno L, Lisanti M.T, Rossini M, Giacobuzzo E, Polimeno L, Debellis L, Ballini A, Topi S, Santacroce L, Biology (Basel). 2021 Feb 2;10(2):106.
- **Prevention of Frailty in the Elderly through Physical Activity and Nutrition**  
Elezi B, Abazaj E, Kasa M, Topi S, Journal of Family Medicine and Disease Prevention 2020, 6:084
- **Prevalence of Hepatitis C Virus and Other Comorbidities in Dialysis Population of Elbasan City, Albania**  
Elezi B, Topi S, Abazaj E, Bolleke E, Journal of Family Medicine and Disease Prevention 2020, 6:118
- **Intestinal Parasitosis in Children: A Balkan Pilot Study**  
Haxhirexha F D, Santacroce L, Topi S, Jakupi J A, Haxhirexha A, Pharmacophore, 11(2) 2020, Pages: 91-94

- **Pre-chemistry concepts and medical therapy among ancient physicians through the Pre-Socratic philosophers**  
Santacroce L, Bottalico L, Haxhirexha K, Topi S, Charitos I.A, Endocrine, Metabolic and Immune Disorders - Drug Targets 2020;20(9):1470-1477.
- **Probiotics may modulate the impact of aging on adults**  
Signorini L, De Leonardis F, Santacroce L, Haxhirexha K, Topi S, Fumarola L, Dipalma G, Coscia M.F, Inchingolo F, Journal of Biological Regulators and Homeostatic Agents 2020 Jul-Aug;34(4):1601-1606.
- **The role of PIAS3, p-STAT3 and ALR in colorectal cancer: new translational molecular features for an old disease**  
Polimeno L, Francavilla A, Piscitelli D, Fiore M.G, Polimeno R, Topi S, Haxhirexha K, Ballini A, Daniele A, Santacroce L, European Review for Medical and Pharmacological Sciences 2020 Oct;24(20):10496-10511.
- **Gingival crevicular blood as a potential screening tool: A cross sectional comparative study**  
Rapone B, Ferrara E, Santacroce L, Topi S, Converti I, Gnoni A, Scarano A, Scacco S, International Journal of Environmental Research and Public Health 2020 Oct; 17(20): 7356.
- **The human respiratory system and its microbiome at a glimpse**  
Santacroce L, Charitos I.A, Ballini A, Inchingolo F, Luperto P, De Nitto E, Topi S, Biology (Basel). 2020 Oct 1;9(10):318.
- **The pivotal role of oral microbiota in health and disease**  
Santacroce L, Sardaro N, Topi S, Pettini F, Bottalico L, Cantore S, Cascella G, Prete R.D, Dipalma G, Inchingolo F, Journal of Biological Regulators and Homeostatic Agents 2020 Mar-Apr;34(2):733-737.
- **The “Scourge of the Renaissance”. A short review about Treponema Pallidum infection**  
Santacroce L, Bottalico L, Topi S, Castellaneta F, Charitos I.A, Endocrine, Metabolic and Immune Disorders 2020;20(3):335-343.
- **The effect of gaseous ozone therapy in conjunction with periodontal treatment on glycated hemoglobin level in subjects with type 2 diabetes mellitus: An unmasked randomized controlled trial**  
Rapone B, Ferrara E, Corsalini M, Converti I, Grassi F.R, Santacroce L, Topi S, Gnoni A, Scacco S, Scarano A, Delvecchio M, International Journal of Environmental Research and Public Health 2020 Jul 29;17(15):5467
- **Oral cancer: A historical review**  
Inchingolo F, Santacroce L, Ballini A, Topi S, Dipalma G, Haxhirexha K, Bottalico L, Charitos I.A, International Journal of Environmental Research and Public Health 2020 May 2;17(9):3168.
- **Gastric cancer in history: A perspective interdisciplinary study**  
Topi S, Santacroce L, Bottalico L, Ballini A, Inchingolo A.D, Dipalma G, Charitos I.A, Inchingolo F, Cancers (Basel). 2020 Jan 22;12(2):264.
- **The alcmæon’s school of Croton: Philosophy and Science**  
Santacroce L, Charitos I.A, Topi S, Bottalico L, Open Access Macedonian Journal of Medical Sciences 2019 Feb 15; 7(3): 500–503.
- **Probiotics and EpiCor® in human health**  
Inchingolo F, Santacroce L, Cantore S, Ballini A, Prete R.D, Topi S, Saini R, Dipalma G, Arrigoni R, Journal of Biological Regulators and Homeostatic Agents 2019 Nov-Dec;33(6):1973-1979.

- **Probiotics efficacy on oxidative stress values in inflammatory bowel disease: A randomized double-blinded placebo-controlled pilot study**  
Ballini A, Santacroce L, Cantore S, Bottalico L, Dipalma G, Topi S, Saini R, Vito D.D, Inchingolo F, Endocrine, Metabolic & Immune Disorders Drug Targets, 01 Jan 2019, 19(3):373-381
- **Philosophy and hippocratic ethic in ancient greek society: Evolution of hospital-sanctuaries**  
Bottalico L, Charitos I.A, Kolveris N, D'agostino D, Topi S, Ballini A, Santacroce L, Open Access Maced J Med Sci. 2019 Oct 15; 7(19): 3353–3357
- **Current issues and perspectives in patients with possible sepsis at emergency departments**  
Charitos I.A, Topi S, Castellaneta F, D'Agostino D, Antibiotics (Basel). 2019 May 7;8(2):56.
  
- **Effect of probiotics on the occurrence of nutrition absorption capacities in healthy children: A randomized double-blinded placebo-controlled pilot study**  
Ballini A, Gnoni A, Vito D.D.E, Dipalma G, Cantore S, Gargiulo Isacco C, Saini R, Santacroce L, Topi S, Scarano S, Inchingolo F, European Review for Medical and Pharmacological Sciences 2019 Oct;23(19):8645-8657.
- **Healthcare workforce motivation as crucial element of healthcare reform success**  
Topi S, Koduzi G, Hidri Sh  
International Journal, Medicine and Healthcare, vol 2, No 1 ISSN (online) 2545-4188  
<http://ijmh.ielas.org/index.php/ijmh/article/view/22>(2017)
- **Pelvic Gynecology Intervention, Complications and Significance of Teamwork Collaboration with Abdominal Surgeon**  
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- **Does lumbar sympathectomy still have a place between therapeutic options of peripheral arterial diseases?**  
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- **Esiste ancora un ruolo per la simpaticectomia lombare tra le opzioni terapeutiche nelle arteriopatie ostruttive,**  
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- **In tema di terapia chirurgica delle varici degli arti inferiori: quale trattamento?**  
Topi S, Cardia G, Ciancini V, Naccherio M, Vascular Diseases, Organo Ufficiale del Flebo forum, Mattioli 1885, Volume II, nr. 2, Ottobre 2001, ISSN: 1591-0997;
- **Coledocus Exploration Laparoscopic Cholecistectomy**  
Topi S, Venezia P, Colella R

- **Artikuj në konferenca kombëtare dhe ndërkombëtare:**

- Topi. S. /Çela. J, Hidri. Sh, Biberaj. P, Gaxhja. E, Aliçka. Y. Thyroid Disease in Albania.International Conference “Oral and Cervico – Facial Pathology”, September

- 14-15, 2018, Modica, Italy.
- o Skender Topi. Infections of surgical operating room and our experience of few months after using new surgical instruments at Elbasan Regional Hospital. Scientific symposium of Lezha's 50th year of Regional Hospital Anniversary "Retrospective, Actuality and Prospective of Health Service". Abstract book. Lezha, Maj 2018; pg 3.
  - o Skender Topi. Evaluation of early versus delayed cholecystectomy for treatment of acute cholecystitis. Book of abstracts of International Congress of Medicine, ISBN 978-9928-4396-7-3, page 12, 2017.
  - o Brunilda Elezi, Sonela Xinxo, Skender Topi, Genti Gavaja, Alda Xibraku, Tatjana Elezi, polypharmacy, characteristics of drug use in elderly patients in the emergency department polypharmacy, characteristics of drug use in elderly patients in the emergency department, Association of Albanian Medical Doctors in Macedonia ISSN 1409-6366 UDC 61, October 2018, pg.27.
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  - o Leonardo Pennisi, Anna Lepore, Ioannis Alexandros Charitos, Giovanni Pepe, Luigi Santacroce, Skender Topi, Mushrooms Related Poisonings Report by the National Poison Center, Azienda Ospedaliera Universitaria OO.RR. of Foggia (Italy) for the year 2018, International Congress on Natural, Health Sciences and Technology, 15-17 May 2019, ISBN: 978-608-217-078-8
  - o Ioannis Alexandros Charitos, Anna Lepore, Leonardo Pennisi, Skender Topi, Luigi Santacroce, Local dermonecrosis with generalized urticaria probably due to *Loxosceles rufescens* bite, International Congress on Natural, Health Sciences and Technology, 15-17 May 2019, ISBN: 978-608-217-078-9
  - o Luigi Santacroce, 3 Skender Topi, 1 Lucrezia Bottalico, 1 Lorenzo Polimeno, Salvatore Scacco, DIETARY PRODUCTS AND HUMAN MICROBIOTA: A LIAISON FOR DISEASE CONTROL AND PREVENTION? International Congress on Natural, Health Sciences and Technology, 15-17 May 2019, ISBN: 978-608-217-078-9
  - o Skender Topi, 2 Luigi Santacroce, 3 Ioannis Alexandros Charitos, Approaching patients with suspect of sepsis in the Emergency department: A multidisciplinary point of view., International Congress on Natural, Health Sciences and Technology, 15-17 May 2019, ISBN: 978-608-217-078-9
  - o L. Santacroce, E. Adorasio, S. Scacco, S.Topi, Proceedings book of the first international conference in logopedics and physiotherapy. 14-15 June 2019, ISBN: 9-789928-455918.
  - o Charitos, L. Santacroce, S. Topi, The challenge of medical maxi-emergency management for non-conventional scenarios in the Balkan area. Book of Abstracts,



- The Xth International Medical Conference in Specialties, Elbasan 23-24-25 November 2018, ISBN: 978-9928-4477-5-3, pg,42
- o L. Polimeno, A. Francavilla, A. Mazzocca, S.Topi, L. Santacroce. Transcriptional profile of liver tissue from Augmenter of Liver Regeneration-treated mice. Book of Abstracts,The Xth International Medical Conference in Specialties, Elbasan 23-24-25 November 2018, ISBN: 978-9928-4477-5-3, pg,43
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