

# SHAPE Project

## Sport, Health and the People A Western Balkan University Network

**The aim of the project:** The project is aimed to build-up a University Network on Sport in Western Balkans, and design joint actions, in line with the European context and EU recommendations, to promote an active lifestyle in the population, and contribute to community life and sustainable development in the Region.

The consortium has 8 partners from all over geographical Europe and it is envisaged to last for 3 years, with a total budget of 359,884.00 Euro.

**Project start date:** January 2024

**Project completion date:** January 2027



### Specific objectives:

- to train qualified sports professionals in specific sports fields that apply to different needs
- promote personal health
- to promote common values such as inclusion, equality, security or environmental awareness, thus contributing to community life and a peaceful social development.
- to promote a collective effort, comprehensive to use the great potential of sport, to help meet health needs and social of the Region and to bring it closer to the rest of Europe.

### Expected results of the project:

- Creation and organization of the University Network of the Western Balkans for Sports
- Organization of the Balkan Week of Sports
- Design and management of the Digital Ecosystem
- Compilation of a report on current Sports Science curricula in the region
- Designing, starting and implementing an Advanced Study Program.

### Project Coordinator:

- International University for Business and Technology (Kosovo)

### Project Partners:

- University of Sports of Tirana (Albania)
- University of Elbasan "Aleksandër Xhuvani" (Albania)
- University of Shkodra "Luigj Gurakuqi" (Albania)

- University of Pristina (Kosovo)
- Vo Tetovo University (North Macedonia)
- Universita Degli Studi Di Roma Foro Italico (Italy)
- University of Wien (Austria)

SHAPE is a project funded by ERASMUS+ Capacity Building program of the European Union.

